



Horse Riding Risk Assessment Form

1. Activity Details

Activity	
Location	
Date(s)	
Assessor Name	
Date of Assessment	
Review Date	

2. Participant Details

Age Range of Participants	
Skill Levels (Beginner / Intermediate / Advanced / Mixed)	
Number of Participants	
Supervisors & Qualifications	

3. Hazard Identification and Control Measures

Hazard	Risk Description	Who is at Risk	Control Measures	Risk Level (Low/Med/High)
Falling from horse	Injuries such as bruises, fractures	Riders	Helmets, trained horses, instruction, safety gear	
Horse spooking	Fall or bolting	Riders, others	Calm horses, supervision, noise control	
Equipment/tack failure	Loss of control	Riders	Pre-ride checks, regular maintenance	

4. Emergency Procedures

First Aid Available (Yes/No)	
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First Aid Provider(s)	
Emergency Contacts	
Evacuation Plan Details	
Communication Method (Mobile Phone / Radio / Other)	

5. Personal Protective Equipment (PPE)

Item	Required? (✓)	Notes
Helmet (to safety standard)	✓	Mandatory
Body protector		Recommended for all riders
Riding boots	✓	With proper heels
Gloves		Optional – for grip/protection

6. Supervision and Instruction

Instructor(s) Name(s)	
Qualifications	
Supervision Ratio	

7. Assessor Signature

Assessor Name	
Signature	
Date	

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